

UPGRADING OLDER ADULTS' DIGITAL COMPETENCES

to improve their social inclusion and development

project number:
2019-1-PT01-KA204-060701



DIGITALISE ME



Co-funded by the
Erasmus+ Programme
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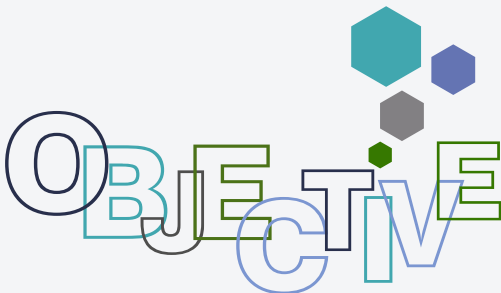
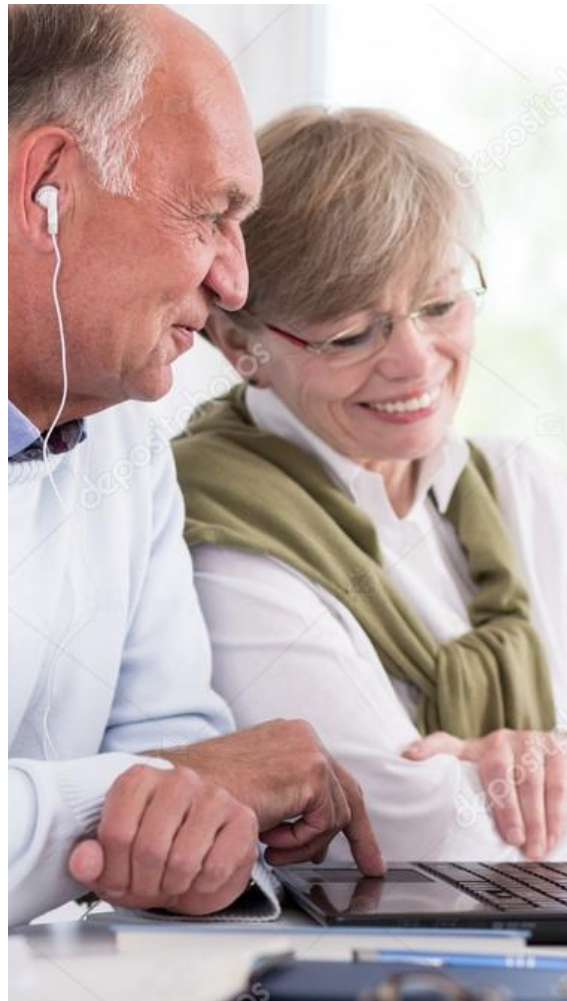


Erasmus+

Internet, social networks, digital media and smart devices in general have transformed in a relatively short period of time many aspects of people's private, professional and social life.

The elderly in particular, are at the highest risk of digital exclusion: they are lacking to a great extent the necessary digital skills to be able to be fully active and participative in civic and social life. The acquisition of ICT and digital skills can contribute to address this social challenge by the adoption of ICT and digital technologies.

Ensuring that older people have the opportunity to take an active part in the society is very important to make our societies more inclusive.



DIGITALISE ME aims at building a stable and replicable educational offer and improving the provision and supply of quality learning non-formal and informal opportunities tailored to the needs of older adults that educators and educational providers can implement in their countries.

BENEFITS

If you are an adult educator: social worker, teacher, mentor, professor, or staff working with seniors, the DIGITALISE ME project will help you extend your professional competences while reducing disparities between seniors' capabilities and the ones required to participate in different social and civic life processes.

DURING THE TWO YEARS OF PROJECT IMPLEMENTATION, PARTNERS WILL DEVELOP THREE MAIN PRODUCTS:

A transversal mapping of Basic Digital

Project partners are carrying out a mapping of digital competences which are essential for a higher and better social and civic participation; this will help diagnose the real needs of older adults in this field.

A Digital Living Basics Pack

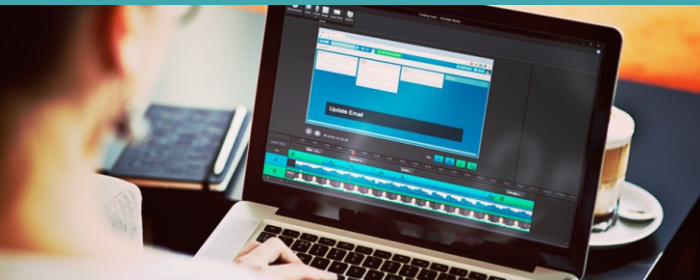
Containing new strategies and methodologies to improve the digital skills and digital literacy. It is a useful compilation of existing training recommendations and solutions which will show how to address the real needs of older adults in the field of Digital and ICT competences.

An online training course

“Basic Digital Skills for social and civic active participation” - A quality up-skilling programme for digital acquisition that will help you get acquainted with what seniors lack in the digital and ICT field as well as effective ways to teach them. Through these resources, you will learn how to focus on the improvement of digital skills to be more competent and able to take an active part in different spheres and dimensions of older adults' life: daily activities, social context or civic participation.

PROJECT TEAM

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