

UPGRADING OLDER ADULTS' DIGITAL COMPETENCES to improve their social inclusion and development

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DIGITALISE ME



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Erasmus+

DIGITALISE ME Project

DIGITALISE ME aims at developing an educational blended course, in the field of digitalization, tailored to the needs of older adults and educational providers.

If you are an adult educator: social worker, teacher, mentor, professor, or staff working with seniors the DIGITALISE ME project will help you extend your professional competences while reducing disparities between their capabilities and the ones required to participate in different social and civic life processes.

During the first year of project implementation, partners had worked on developing the following main products:

1 Mapping of Basic Digital Competences - finalised

In 2020 project partners carried out a mapping of digital competences which are essential for a higher and better social and civic participation. The aim of the mapping was to diagnose the real needs of older adults in this field and to help partners identify the areas of their daily lives that have been more digitalised and they encounter more challenging in term of technological applications.

The results of the research are available on:

<https://www.digitaliseme.eu/en/mapping> entitled:

- *European Comparative Report – Abstract*
- *European Comparative Report – Based on Questionnaires*
- *European Comparative Report – Based on Interviews*

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Digital Living Basics Pack - English version finalised, available in partner's languages soon

The aim of the Digital Living Basics Pack is to offer new strategies and methodologies to improve the digital skills and digital literacy of the learners. It is a useful compilation of existing training recommendations and solutions which will show how to address the real needs of older adults in the field of Digital and ICT competences.

3

„Basic Digital Skills for social and civic active participation” blended course – in progress

The course is developed as a quality up-skilling programme for digital acquisition, based on the framework and methodology elaborated by the partners. Through this blended course participants will learn how to address in an effective way their lack of digital skills and competences to make them more active and participative in social life of their communities.

The course is structured in 6 modules, through which seniors and educators will learn how to focus on the improvement of digital skills to be more competent and able to take an active part in different spheres and dimensions of older adults' life: daily activities, social context, civic participation, etc.

4

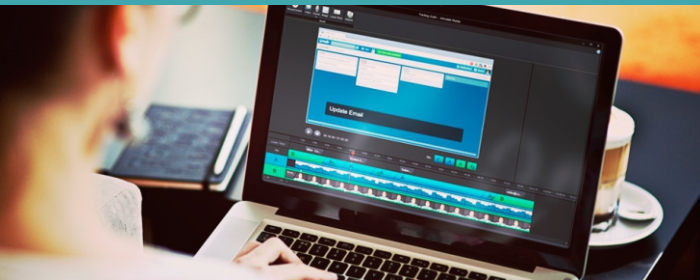
What to expect in the following year?

In 2021 partners will be involved in different activities to accomplish the objectives and outputs of the project. The main activities are:

- Design the guidelines and workshops for trainers who will implement the course in partner countries
- Translate the educational materials in partners' languages
- Pilot the blended course for older adult learners
- Take part in testing the course.

PROJECT TEAM

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www.digitalise-me.eu



[digitaliseme.project](https://www.facebook.com/digitaliseme.project)
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Associação Rede de Universidades da Terceira Idade (Portugal) is a Private Institution of Social Solidarity (IPSS) and Public Utility that supports the community and the senior population in a national and international level. The main objectives of RUTIS are the promotion of active ageing and the valorization of Senior Universities. www.rutis.pt



North East Regional Development Agency (Romania) mission is to generate economic and social development in the North-East Region of Romania. We promote strategies, attract resources, identify and implement financing programmes and offer services for stimulating sustainable economic development, partnerships and entrepreneurial spirit. www.admordest.ro, www.crsnordest.ro



A & A Emphasys Interactive Solutions Ltd (Cyprus) offers high quality courses for adults, professionals and young people interested in obtaining professional qualification or attain vocational training for employment. The "Emphasys Centre" has been involved greatly in the last 18 years in organising custom-made in-service training courses for the employees of various companies and organisations in the private and public sector based on their ICT needs and requirements. www.emphasyscentre.com



DomSpain Consulting (Spain) is an adult education organization specialised in the field of education and training, vocational studies, occupational, social and intercultural skills, languages and new technologies. In education, DomSpain is specialised in foreign languages, computer technology and cultural heritage offering a wide range of courses and workshops to private entities and town halls within the Tarragona province. www.domspain.eu



Consorzio Brianteo Villa Greppi (Italy) mission is to promote continuing vocational training, organize and manage cultural activities together with associations, institutions and schools, preserve and enhance cultural heritage, organize supporting services for educational initiatives. www.villagreppi.it



Foundation Institute of Social Re-Integration - Fundacja Instytut Re-Integracji Społecznej IRIS (Poland) The Foundation's main goal is broadly understood cultural and artistic education of children, adolescents and adults, mainly in the non-formal sphere. The Institute creates international multilateral consortia, thanks to which it deepens Europe's cohesion and promotes pro-European citizenship. The Foundation supports all young creative people who want to deepen their passions, publicly proclaim their beliefs and improve the world, even in ideological terms. www.fundacjairis.com



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